Using the internet or phone

People with learning disabilities told us:

Nearly all people with learning disabilities (96%) had the internet at home

Most people with learning disabilities (90%) told us they used the internet at home

Nearly all people with learning disabilities (98%) had a phone they could use
Family carers and paid support staff told us:

Many people with severe or profound learning disabilities (72%) had the internet at home.

Nearly half of people with severe or profound learning disabilities (44%) used the internet at home.

Nearly half of people with severe or profound learning disabilities (48%) had a phone they could use with help.

Using the internet

Many people with learning disabilities (59%) made video calls to family and friends.

Nearly half of people with learning disabilities (47%) used Facebook.

Some people with learning disabilities (15%) played video games online.
Nearly half of people with learning disabilities (49%) watched films and television online.

Nearly half of people with learning disabilities (49%) went to online groups.

Some people with learning disabilities (27%) went shopping online.

Many people with learning disabilities (43%) did online activities on their own.

**What time did people spend online?**

Most people with learning disabilities (83%) who used the internet used it everyday.

**Taking part in online activities**

Most people with severe or profound learning disabilities (86%) were offered online activities.
Some people with learning disabilities (34%) did not like online activities.

Most people with learning disabilities (62%) liked online activities.
What happens next?

We want to find out more about people with learning disabilities and COVID-19.

We will talk to people again from July.
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