Coronavirus and People with Learning Disabilities Study
What we know about People with Profound and Multiple

Learning Disabilities
Physical and Mental Health

July 2021

What is this study about?

This study is about coronavirus (also called COVID-19) and people with profound and multiple learning disabilities.

We talked to family carers and paid support staff.
We asked about people living in England, Wales, Scotland and Northern Ireland.

We found out information about 114 people with profound and multiple learning disabilities.

This report is about what we have found so far.
Physical health

We asked people what had happened in the last 4 weeks

Around half of people with profound and multiple learning disabilities had good health

One third of people with profound or multiple learning disabilities needed help for a health problem

Most of these people tried to get help
Weight and lockdown

14% of people with profound and multiple learning disabilities were very overweight.

6% of people with profound and multiple learning disabilities were very underweight.
We asked people what had happened in the last 4 weeks

6% of people with profound and multiple learning disabilities went in to hospital

Carers were allowed to stay in the hospital
Going to see a doctor

We asked people what had happened in the last 4 weeks

5% of people with profound and multiple learning disabilities had hospital appointments cancelled

6% of people with profound and multiple learning disabilities had health tests cancelled

2% of people with profound and multiple learning disabilities had an operation cancelled
Health checks and flu vaccines

2 out of 10 people with profound and multiple learning disabilities had had an annual health check

Nearly 8 out of 10 people with profound and multiple learning disabilities had their flu vaccine
Wellbeing

79% of people with profound and multiple learning disabilities felt angry or frustrated.

74% of people with profound and multiple learning disabilities felt sad or down.

80% of people with profound and multiple learning disabilities felt worried or anxious.
Help for Wellbeing

58% of people with profound and multiple learning disabilities had help from their family.

23% of people with profound and multiple learning disabilities had help from paid support staff.

4% of people with profound and multiple learning disabilities had help from their friends.
What happens next?

We want to find out more about people with learning disabilities and COVID-19.

We will talk to people again from July.
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